

CHIROPRACTIC



BACK IN MOTION
SPORTS INJURIES CLINIC, LLC

Drew Hohensee, DC, CES

Education

Dr. Hohensee graduated Suma Cum Laude from Palmer



College of Chiropractic in Davenport, Iowa, where he was a member of the schools Sports Council program and the Sports Injury Club. After working as a clinical rehabilitation intern, he journeyed to Portland with his wife to finish his internship here at Back in Motion.

Prior to Chiropractic College, Dr. Hohensee graduated with a bachelor of science degree from the University of Wisconsin-Madison, and went on to attend Lakeside school of Massage Therapy. He also holds a Corrective Exercise Specialist certification from the National Academy of Sports Medicine.



Leisure Pursuits

Growing up in Wisconsin, Dr. Hohensee fell in love with running, and quickly became a

Office Hours:

Tuesday 7:00am - 1:00pm
Wednesday 2:00pm - 8:00pm
Thursday 7:00am - 1:00pm
Friday 7:00am-12:00pm &
2:00pm to 5:00pm
Saturday 8:00am - 1:30pm

The initial visit, including history, examination and consultation, will take approximately one hour.

high school standout, both in cross country and track. He competed for the Wisconsin Badgers in several NCAA cross country national championships, and specialized in the steeple chase on the track.

Currently, Dr. Hohensee can be found pounding the pavement and trails, on foot or bike every chance he gets. He also enjoys other outdoor activities including getting in a round of disc golf in summer and breaking out the snowshoes in winter. Since moving to the Pacific Northwest he now hikes the countryside and sometimes dons a fly rod with a quest for wild trout.

Personal Philosophy

Whether your goal is to get back on the track or just to run after your kids, Dr. Hohensee knows and understands the frustration of an injury; his own college running was career cut short by

injury. Dr. Hohensee's approach to care draws from personal experiences and knowledge of human biomechanics to uncover and treat the cause of the problem. He strives to enhance performance and to prevent future injuries by utilizing a variety of myofascial release techniques, including the Graston Technique®, stretches, strengthening exercises movement pattern retraining, and dynamic neuromuscular stabilization.

"My care emphasizes the importance of swiftly treating an injury, correcting its compensations, and providing tools to prevent setbacks in your life."

Commitment to Excellence

Dr. Hohensee is a member of the American Chiropractic Association's Council on Sports and Physical Fitness. He has provided care for the Dew Action Sports Tour, USA Triathlon National Championships and the Northwest Knockdown Roller Derby Championship.

**HANDS ON CARE OF
SPORTS INJURIES**

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