

CHIROPRACTIC



BACK IN MOTION

SPORTS INJURIES CLINIC, LLC

Ted Forcum, DC, DACBSP

FICC, CSCS, CKT, RTP, CES, PES, GT (certified + M3)



Dr. Ted Forcum received a bachelor's degree from Willamette

University, and achieved his doctorate from Western States Chiropractic College. During that time, he became a Licensed Massage Therapist and a **Certified Strength and Conditioning Specialist (CSCS)**. Dr. Forcum is a **Diplomate of the American Chiropractic Board of Sports Physicians (DACBSP)**, the highest level of sports designation. He is **certified in KinesioTaping (CKTP), Graston Technique, Certified Exercise Specialist (CES), Performance Exercise Specialist (PES), and is a Registered Trigenics Practitioner (RTP).**

Professional Association

- US Olympic Committee Sports Medicine Society
- Federation Internationale de Chiropractic Sportive (FICS)
- ACA Sports Council
- International College of Chiropractic
- Foundation for Chiropractic Education and Research (FCER)
- American Chiropractic Association
- Chiropractic Association of Oregon.

Professional Achievement

Dr. Forcum is designated as one of **Americas Top Chiropractors**. The American Chiropractic Association Council on Sports and Physical Fitness voted Dr. Forcum **Sports Chiropractor of the Year** for 1994-95 and 2004. Dr. Forcum was also voted 1997 Native American

Entrepreneur of the year. He was awarded a 2000 **ACA Sports Council Achievement Award**. In 2001 the International College of Chiropractic the honorary designation on **F.I.C.C. (Fellow of the International College of Chiropractors)** for his contribution to the profession and healthcare. In 2008 he was elected President of the ACA Sports Council.



Experience with Excellence

Event Physician

- Winter Olympics - Salt Lake
- US Track & Field Olympic Trials
- U.S Track & Field Championships
- NCAA National Championships
- U.S. Taekwondo Championships
- World Veteran's Games
- Nike World Masters Games
- Womens Pro-Beach Volleyball
- Gorge Games

Team Physician

- US Olympic Team Beijing 2008
- US Pan American Games Team 2007
- PGA Tour
- Champions PGA Tour
- Portland Prowlers Indoor Pro Football
- Forest Dragons Arena Football
- Coors Light Cycling Team.

Past Medical Director

- Adidas Oregon Track Classic
- Columbia Gorge Marathon
- Portland Marathon, assistant

Office Hours:

Monday 7:00am - 1:00pm
Tuesday 2:00pm - 8:00pm
Wednesday 7:00am - 1:00pm
Thursday 2:00pm - 8:00pm

The initial visit, including history, examination and consultation, will take approximately one hour.



- US Soccer Festival
- US Figure Skating Championships
- Triathlon National Championships

Dr. Forcum has taught postdoctoral programs and lectures internationally on sports injuries, soft tissue treatment, rehabilitation and biomechanics.

Personal Philosophy

Dr. Forcum approaches the treatment of injuries through osseous and soft tissue manipulation, massage, physiotherapy, corrective exercises, and biomechanical orthotics.



**HANDS ON CARE OF
SPORTS INJURIES**

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